

ALA' MOHAMMAD AHMAD ABU IZNEIT
Midwife | Nursing Instructor | Lecturer | Clinical Training Supervisor
M.Sc. Nursing – Community Mental Health Nursing | B.Sc. Midwifery
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PROFESSIONAL PROFILE

Dedicated Palestinian midwife, nursing lecturer, and clinical training supervisor with extensive experience in governmental hospitals and academic nursing education. Holds an M.Sc. in Nursing – Community Mental Health Nursing, with strong professional expertise in maternal and newborn care, psychiatric and community mental health nursing, student supervision, and evidence-based clinical practice. Recognized for professional responsibility, high workload tolerance, teamwork, and compassionate patient-centered care.

EDUCATION

Master of Science in Nursing – Community Mental Health Nursing
An-Najah National University, Nablus, Palestine | 2017

- Thesis: Anxiety and Depression among Pregnant Women and Refugee Women in Camps in the West Bank.
- Academic focus: community mental health, women's mental health, vulnerable populations, and psychiatric mental health nursing.

Bachelor of Science in Midwifery

Ibn Sina College of Health Sciences, Nablus, Palestine | 2011

PROFESSIONAL EXPERIENCE

Nursing Instructor / Lecturer – Al-Zaytouna University of Science and Technology, Salfit | 2024–Present

- Teach nursing courses including Maternity and Child Health, Psychiatric Mental Health Nursing, and Therapeutic Communication.
- Prepare and deliver lectures, clinical discussions, assignments, and student-centered learning activities.
- Support students' clinical reasoning, professional communication, ethical practice, and evidence-based nursing care.

Nursing Instructor / Lecturer – An-Najah National University, Nablus | 2023–Present

- Taught theoretical nursing courses including Growth and Development and Community/Public Health.
- Supervised and supported nursing students in academic and clinical learning activities.
- Contributed to student mentoring, course preparation, and professional nursing education.

Clinical Training Supervisor / Clinical Instructor – An-Najah University, Arab American University, and Al-Zaytouna University | 2013–2024

- Supervise nursing and midwifery students during hospital-based clinical training.
- Guide students in patient assessment, documentation, communication, infection prevention, professional ethics, and safe clinical practice.
- Coordinate clinical learning with hospital teams and support students' transition from theory to practice.

Midwife – Martyr Yasser Arafat Governmental Hospital, Salfit | 2015–Present

- Provide maternity, labor and delivery, postnatal, emergency, nursery/neonatal, and pediatric nursing/midwifery care.
- Participated in hospital supervision duties during evening shifts across clinical departments.
- Contributed to infection prevention, quality-focused clinical practice, and safe patient care in high-demand clinical settings.

Midwife – Palestine Medical Complex / Ramallah Governmental Hospital | 2011–2015

- Worked mainly in maternity and postnatal wards, providing care for mothers and newborns.
- Developed strong clinical judgment, communication, teamwork, and emergency-response skills in a busy governmental hospital setting.

COURSES AND TEACHING AREAS

- Maternity and Child Health Nursing; Maternity Simulation; Maternal-Newborn Care.
- Psychiatric Mental Health Nursing; Therapeutic Communication; Community/Public Health Nursing.
- Growth and Development; clinical skills supervision; hospital-based clinical training.
- Student mentoring, clinical case discussion, assessment preparation, and professional communication training.

ACADEMIC AND RESEARCH ACTIVITIES

- Master's thesis focused on anxiety and depression among pregnant women and refugee women in West Bank camps.
- Research and academic interests include maternal mental health, women's mental health, refugee and vulnerable populations, community mental health, psychiatric nursing, and health education.
- Familiar with literature review, research proposal development, ethical considerations, data collection, academic writing, and evidence-based nursing practice.
- Publication related to Master's thesis: Abu Izneit, A. M. A. Related publication on anxiety and depression among pregnant women in the West Bank, Global Journal of Obstetrics & Reproductive Medicine, 2017.

SELECTED TRAINING AND PROFESSIONAL DEVELOPMENT

- Advanced Cardiac Life Support (ACLS).
- ICDL / computer skills.
- Breastfeeding-related training.
- Violence prevention and health-related training courses.
- Additional Ministry of Health, UNICEF, UNFPA, and professional development training courses.

KEY SKILLS

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| • Clinical midwifery and maternal-newborn care | • Nursing education and clinical training |
| • Community and psychiatric mental health nursing | • Patient-centered communication |
| • Student supervision and mentoring | • Ethical and evidence-based practice |
| • Academic writing and literature review | • Teamwork, responsibility, and leadership |

LANGUAGES

- Arabic: Native.
- English: Very good professional and academic proficiency.

REFERENCES

Available upon request.